

COOL PRACTICE PROGRESSIONS



BLUES / JAZZ PRACTICE PROGRESSIONS

Another often used fun progression in C

Cmaj7 C#dim Dm7 Ebdim Em7 Fdim

Hold each chord for 2 beats per bar

Fmaj7 Fm7 Em7 Am7 Dm7 Gmaj7 Cmaj7

Cmaj7

Fmaj7

C#dim

Fm7

Dm7

Em7

Ebdim

Am7 (mid)

Em7

Dm7

Fdim

Gmaj7 (mid)

Cmaj7