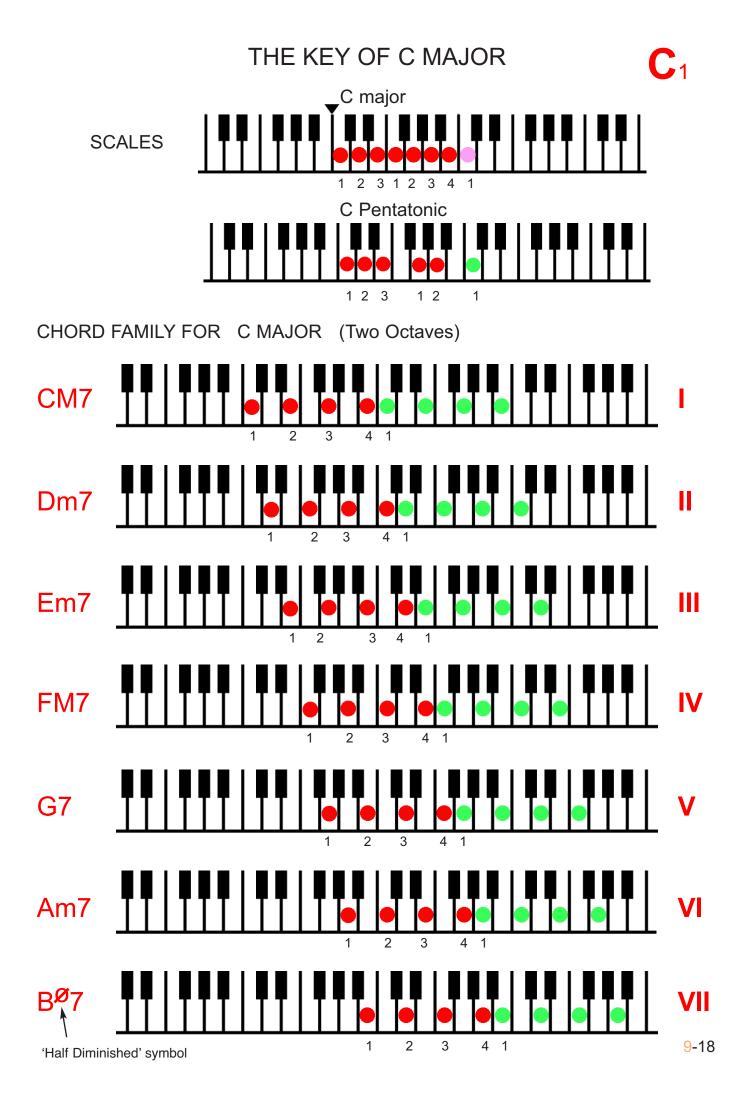
## CHORD & SCALE WORKOUT



IN THE KEY OF C



## C MAJOR BASIC TRIAD WORKOUT - 1



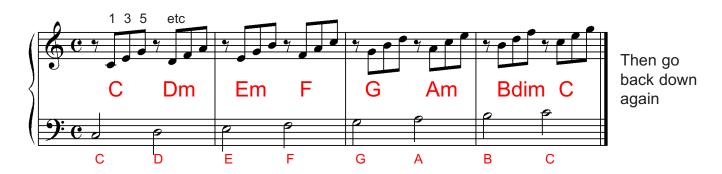
'TRIADS' are the basic three note chords that you learned in books 1 to 3.

Each key has a 'FAMILY' of chords. In C they are- C - Dm - Em - F - G - Am - Bdim

You can practice these as 'BROKEN CHORD' patterns (play one note at a time) This helps you learn the chords and teaches you some interesting melodic patterns

Practice the patterns in both hands (or hands TOGETHER if you are brave enough)

## **RIGHT HAND workout**



## **LEFT HAND workout**



No. of times practiced																						
								] [						7 [				] [				9-19